

Password Basics

YOUR FIRST LINE OF DEFENSE



A QUICK GUIDE TO BUILDING
STRONGER, SAFER PASSWORDS.

WEAK VS STRONG

What NOT to do

- ✗ Password123
- ✗ MyDogMax
- ✗ 1990Birthday

Hackers can guess these in seconds!

What TO do

- ✓ 12+ characters long
- ✓ Mix letters, numbers, and symbols
- ✓ Use a passphrase instead of a single word
- ✓ Never reuse passwords

Tip: A password manager makes it easier!

SMARTER HABITS

DO

- ✓ TURN ON MFA
- ✓ UPDATE OLD PASSWORDS OFTEN
- ✓ USE A PASSWORD MANAGER

DO NOT

- ✗ WRITE PASSWORDS DOWN
- ✗ SHARE YOUR PASSWORDS
- ✗ USE THE SAME PASSWORD EVERYWHERE